



Activity #14 Food Label Word Find

Instructions: Find and circle the words from the word bank below.

W C A G H I C A Y D B F L S O D I U M
Q M I N E R A L S F A R B D C O P L K
R B C X U S L D T H F O C A B M N Y I
U M W R I G O F R G H M C I N S U T A
V A L Y E X R S U P I N V L W O N P Z
Q B H Y U N I L K A T O P Y E C P S O
O Y R V I T E M H C L E D V X U I U P
S E G Y V A S O D A T F U A I O P G L
E H B C E D I B J G I A K L F D C A U
R D Y F Z H J O I H V T Z U W I V R X
V B T F I B E R A F K H J E B V G E W
I C H R T Y O P X U V U R W C G N V R
N H D E P T Y W J R P M E O B J P U H
G G B L D R U V B I D Y B D I C O Z J
S E M C H O L E S T E R O L D Y X N Y
D V I T A M I N S E I D P C L G H F S
U D K U E U Q A D S V P R O T E I N X
V C C A R B O H Y D R A T E F B X E A



SERVINGS
CALORIES
FAT
CHOLESTEROL
SODIUM
CARBOHYDRATE

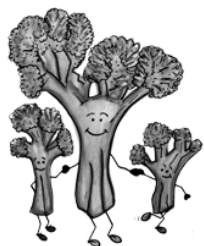
SUGAR
FIBER
DAILY VALUE
VITAMINS
MINERALS
PROTEIN





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ANSWER KEY

W	C	A	G	H	I	C	A	Y	D	B	F	L	S	O	D	I	U	M
Q	M	I	N	E	R	A	L	S	F	A	R	B	D	C	O	P	L	K
R	B	C	X	U	S	L	D	T	H	F	O	C	A	B	M	N	Y	I
U	M	W	R	I	G	O	F	R	G	H	M	C	I	N	S	U	T	A
V	A	L	Y	E	X	R	S	U	P	I	N	V	L	W	O	N	P	Z
Q	B	H	Y	U	N	I	L	K	A	T	O	P	Y	E	C	P	S	O
O	Y	R	V	I	T	E	M	H	C	L	E	D	V	X	U	I	U	P
S	E	G	Y	V	A	S	O	D	A	T	F	U	A	I	O	P	G	L
E	H	B	C	E	D	I	B	J	G	I	A	K	L	F	D	C	A	U
R	D	Y	F	Z	H	J	O	I	H	V	T	Z	U	W	I	V	R	X
V	B	T	F	I	B	E	R	A	F	K	H	J	E	B	V	G	E	W
I	C	H	R	T	Y	O	P	X	U	V	U	R	W	C	G	N	V	R
N	H	D	E	P	T	Y	W	J	R	P	M	E	O	B	J	P	U	H
G	G	B	L	D	R	U	V	B	I	D	Y	B	D	I	C	O	Z	J
S	E	M	C	H	O	L	E	S	T	E	R	O	L	D	Y	X	N	Y
D	V	I	T	A	M	I	N	S	E	I	D	P	C	L	G	H	F	S
U	D	K	U	E	U	Q	A	D	S	V	P	R	O	T	E	I	N	X
V	C	C	A	R	B	O	H	Y	D	R	A	T	E	F	B	X	E	A



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