



**Grades 3-5**

## **Lesson #10 Take Home**

### **Fit4Kidz "Lunchbox Bunch" Fruit Tracker**

How many of these fun fruits are you going to eat? Place a check mark (✓) inside the box next to the fruits you eat this week. Try to eat 2-3 different types of fresh fruit each day.

# FIT 4 KIDZ



*Popstar Cherry*

☐


*Giddy Banana*

☐


*Boogie Woogie Orange*

☐


*Shake-it Blackberry*

☐


*Sweetie Pie Nectarine*

☐


*Super Duper Strawberry*

☐

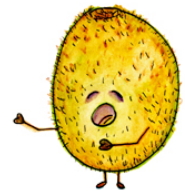

*Fit4Kidz Fuji Apple*

☐


*Little Lost Grape*

☐


*Not Amused Raspberry*

☐


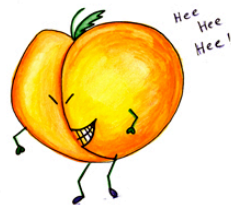
*Opera Singing Kiwi*



*Parachuting Blueberries*

☐


*Secret Agent Plum*

☐


*Sinister Peach*

☐


*Surfer Dude Pineapple*

☐

